



CATAWBA COUNTY

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Department of Social Services

PRESS RELEASE/PSA

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FOR IMMEDIATE RELEASE

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Meals on Wheels Has Urgent Need for Summer Volunteers

The Meals on Wheels program is in urgent need for summer volunteers to deliver meals to home-bound seniors within Catawba County. With just one hour per month, volunteers can make a huge impact in the lives of some of our local elderly. Delivery routes are available in local communities including Hickory, Newton, Conover, Catawba, and Maiden. Volunteers must possess a valid driver's license.

The Meals on Wheels program is run by The Catawba County Department of Social Services. Its purpose is to help meet the nutritional needs of seniors and disabled adults who are unable to prepare or obtain meals for themselves. The program serves over 300 citizens through the help of over 700 volunteers.

To volunteer or to find out more about the program, contact Amanda Munden at 828-695-4435.

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